

MADISON COUNTY
HEALTH DEPARTMENT COMMITTEE
MEETING MINUTES

The meeting of the Madison County Health Department Committee of the County Board was held at the Madison County Administrative Bldg., Room 203, Edwardsville, IL on October 8, 2025.

Members Present: Bill Stoutenborough; Jason Palmero; Chrissy Wiley; Paul Nicolussi; Don McMaster

Members Absent: Michael Holliday Sr; Brynn Kincheloe

Others Present: Doug King, Public Health Administrator; Stacey Counton, Office Manager; Deborah Humphrey, Mental Health Board Executive Director; Katherine Conder, Animal Care & Control Manager.

The meeting was called to order by Chrissy Wiley, at 3:00 p.m.

The September 10, 2025 minutes were approved by all Health Department Committee members present.

Public Comment: None.

Expense Reports: A motion was made by Don McMaster, and seconded by Jason Palmero, to approve the September 2025, Madison County Health Department and Animal Care and Control Department Expense Summary Report. AYES: Bill Stoutenborough, Don McMaster, Jason Palmero, Chrissy Wiley, Paul Nicolussi. NAYS: None.

Purchase Order Recommendations: A motion was made by Don McMaster, and seconded by Jason Palmero, to approved Madison County Health Department Committee Purchase Order Requests: AYES: Bill Stoutenborough, Don McMaster, Jason Palmero, Chrissy Wiley, Paul Nicolussi. NAYS: None.

Purchase Resolutions: A motion was made by Jason Palmaro and Seconded by Don McMaster to approve the following:

Resolution to Purchase Various Vaccines from FFF Enterprises, not to exceed \$40,000.00

Resolution to Purchase Various Vaccines from GlaxoSmithKline, not to exceed \$80,000.00

Resolution to Purchase Various Vaccines from McKesson, not to exceed \$40,000.00

Resolution to Purchase Various Vaccines from Merck Sharp & Dohme Corp, not to exceed \$60,000.00

Resolution to Purchase Various Vaccines from Sanofi Pasteur, not to exceed \$80,000.00

Resolution for the Vet import Entry Data Service Fees, not to exceed \$40,000.00

Resolution for the Extension of the ezEMRx Software, License, and Support Lease Agreement, not to exceed \$69,308.52.

Motion carried..

Resolution: A motion was made by Don McMaster and seconded by Bill Stoutenborough to approve the Resolution Authorizing Reallocation of Previously approved Pet Population Grants. Motion carried.

Public Health Administrator Report: Animal Control Kennels have been taken down and shipped back to first company. Working with a new company to get kennels installed.

Health Department and Animal Controls Budgets have been submitted.

Influenza Vaccine – very busy with vaccinations along with many off site clinics scheduled.

Joint Pet Adoption Event, November 9, 2025, 11:00 am – 4:00 pm at Collinsville Activity Center (10 Gateway Drive).

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Mental Health Board Executive Director Report: Substance Use Disorders - Kratom is the latest substance of concern shared by a school resource officer who attended a recent training. Kratom is an herbal substance that has a stimulant and opioid-like effect. The concerning side effects include addiction and chronic use have led to cases of psychosis with hallucinations, delusion, confusion and medical complications. Kratom is not controlled under the Controlled Substances Act but there may be some regulations or prohibitions against the possession and use of kratom in some states. Local gas and convenience stores are selling kratom over the counter to youth. Some municipalities are beginning to pass ordinances, Granite City passed an ordinance on August 19, 2025, prohibiting the sale and possession of Kratom. Representative Katie Stuart is working on legislation regarding fentanyl and shared she may reach out for substance use data. I brought to her attention the concerns about the uncontrolled sale of Kratom to consider with the legislation she will be presenting.

Involuntary Commitments - This past month both the Madison County States Attorney's Office and Public Defender's Office reached out to gain an understanding about the involuntary commitment process for individuals who have a serious mental illness who refuse treatment. I shared information about petitions and involuntary commitment. The Madison County Public Defender has expressed interest in training for her office. Training is in the planning. Barbara Goeben, State of Illinois, Staff Attorney for Legal Advocacy Services a request to have her provide training along with invitations to other invested providers, local hospital behavioral health representatives and agencies.

Children's Mental Health - School Mental Health-Universal Screening - Public Act 103 -0885 legislation passed whereas school districts will now offer mental health screenings for children grades 3-12. The Illinois State Board of Education is assigned the task of implementation. Please find attached an overview of universal screening. District #7. Edwardsville District reports that they are completing mental health screenings. Madison County Health Department is offering mental health screening for children who are seen for school physicals. Chestnut Health Systems has been doing screenings successfully in St. Clair County with hopes to broaden their reach.

Juvenile Redeploy Illinois (JRI) - The Program Managers and I will be attending the JRI All Sites meeting October 22-23, 2025. Chestnut Health Systems (CHS) will be presenting an overview and highlights of the program from contracting July 1, 2025. I received a progress report from Jamie Martens-Perry, Director of IL Integrated Youth. She shared that she is really excited about how things are progressing. *"It really is an amazing program! We are already making an offer for the "added" specialist position and have one more clinician position to fill. We have LOTS of referrals to open!"*

Executive Director - The Mental Health Board has posted the opening for the Executive Director position and plans to conduct interviews in November. In line with my retirement, I am resigning from my appointments to three state committees. I resigned my appointment to ICMHP in July and resigned from the Illinois Social Service Advisory Committee effective October 2025. I plan to resign from the appointment to the Region 4 Community Emergency Services and Support Act, Advisory Council in November.

New Business: None.

The next scheduled meeting of this committee is **Wednesday, November 12, 2025, 3:00 p.m.**, 157 N. Main Street, County Board Room 203, Edwardsville, IL.

A motion was made by Jason Palmero, and seconded by Paul Nicolussi, to adjourn at 3:20 p.m.

Chairman, Health Department Committee

CITY OF GRANITE CITY
ORDINANCE NO. 2025-ORD-036

**AN ORDINANCE AMENDING TITLE 9 PUBLIC PEACE, MORALS AND WELFARE,
CHAPTER 9.98 SALE AND POSSESSION OF MITRAGYNINE AND 7-
HYDROXYMITRAGYNINE, ALSO KNOWN AS KRATOM, PROHIBITED
OF THE CITY OF GRANITE CITY MUNICIPAL CODE OF ORDINANCES**

WHEREAS, the City of Granite City, Illinois (the “City”) is a municipal corporation and a home-rule unit of local government pursuant to Article VII, Section 6 of the Illinois Constitution of 1970; and

WHEREAS, the Illinois Municipal Code, 65 ILCS 5/1-2-1, provides that the corporate authorities of each municipality may pass all ordinances and make all rules and regulations proper or necessary, to carry into effect the powers granted to municipalities; and

WHEREAS, following the passage of the Federal 2018 Agricultural Improvement Act, synthetic and chemical processes allow for the creation of psychoactive hemp products with effects similar to cannabis that are not regulated as similarly psychoactive cannabis products, such as products containing high concentrations of Delta-8 THC; and

WHEREAS, the U.S. Food and Drug Administration has warned the public that Delta-8 THC products: may be marketed in ways that put the public health at risk; are associated with a number of adverse events and poison control exposure cases; may have been created through chemical processes that leave harmful by-products and in uncontrolled or unsanitary manufacturing settings; and may be packaged in ways that are appealing to children; and

WHEREAS, the 2023 Monitoring the Future survey of 12th-grade students in the United States found that 11.4% self-reported the use of Delta-8-THC products, which may pose risks to adolescents including addiction, neurodevelopmental changes, acute psychiatric reactions from

accidental overdosing, and exposure to toxic byproducts generated during the synthesis of Delta-8 THC; and

WHEREAS, the U.S. Drug Enforcement Administration states that kratom has "no legitimate medical use," "can lead to addiction" and "psychotic symptoms that included hallucinations, delusion, and confusion" and "has been associated with numerous cases of overdose and fatalities;" and

WHEREAS, the U.S. Drug Enforcement Administration states that tianeptine is abused for its "euphoric properties similar to other opioids" and that "severe adverse health effects, including respiratory depression, severe sedation, and death have occurred from the misuse of tianeptine;" and

WHEREAS, the U.S. Food and Drug Administration has, at various times, warned consumers not to use all of the foregoing substances due to public health concerns; and

WHEREAS, the State of Illinois has not scheduled, prohibited, or regulated the sale of any of the foregoing substances except to prohibit the sale of kratom to persons under the age of 18 (720 ILCS 642/); and

WHEREAS, the City finds that additional legislative actions are necessary in order to protect the public health, safety, morals, and welfare of the residents of the City and particularly those residents under 21 years of age; and

WHEREAS, the corporate authorities have determined it is in the best interests of the City and residents to amend the City's Municipal Code as provided herein.

NOW THEREFORE, BE IT ORDAINED BY THE CITY COUNCIL OF THE CITY OF GRANITE CITY, MADISON COUNTY, ILLINOIS, AS FOLLOWS:

SECTION 1: RECITALS. The facts and statements contained in the preamble of this Ordinance are found to be true and correct and are hereby adopted as part of this Ordinance.

SECTION 2: AMENDMENTS. The Codified Ordinances of the City of Granite City, Title 9, Chapter 9.98 is hereby amended as follows (strikethrough text indicates deletions; underlined text indicates additions):

~~Chapter 9.98 SALE AND POSSESSION OF MITRAGYNINE AND 7-HYDROXYMITRAGYNINE, ALSO KNOWN AS KRATOM, PROHIBITED~~

9.98.010 Definitions.

~~"Kratom," also known as mitragynine or 7-hydroxymitragynine, is a stimulant generally produced from a tropical evergreen tree known as mitragyna speciosa.~~

9.98.020 Controlled substances.

~~Kratom, mitragynine, and 7-hydroxymitragynine, are each hereby declared and defined as a "controlled substance", as the term is used in this chapter and this Ordinance. Possession, use, or delivery of any of these controlled substances, is hereby declared illegal and a violation of City Ordinance.~~

9.98.030 Offenses and penalties.

- ~~A. Possession of Kratom, mitragynine, or 7-hydroxymitragynine—It is unlawful for any person to use, or to possess, manufacture, compound, convert, produce, process, prepare, test, analyze, pack, repack, store, contain, conceal, inject, any of said controlled substances in violation of this Ordinance. Any person who violates this Section is guilty of an Ordinance violation and upon conviction may be fined not more than \$500.00 nor less than \$25.00.~~
- ~~B. Manufacture or delivery of Kratom, mitragynine, or 7-hydroxymitragynine—It is unlawful for any person to manufacture, refine, distill, purify, deliver, or possess with intent to deliver, any of said controlled substances and is a violation of this Ordinance. Any person who violates this Section is guilty of an Ordinance violation and upon conviction may be fined not more than \$500.00 nor less than \$25.00.~~
- ~~C. Delivery of Kratom, mitragynine, or 7-hydroxymitragynine to a minor—Any person 18 years of age or over who violates subparagraph B above by delivering any of said controlled substances to a person under 18 years of age is guilty of special offense and upon conviction may be fined not more than \$750.00 nor less than \$25.00.~~

Chapter 9.98. BAN OF SALES OF THC, KRATOM, AND TIANEPTINE

9.98.010 - Definitions.

Whenever in this section the following words and phrases are used, they shall, for the purposes of this section, have the meanings respectively ascribed to them in this section, except when the context otherwise clearly indicates:

Hemp-derived THC products means a product that both:

- A. Is intended for human or animal consumption by any means including, without limitation: oral ingestion; inhalation; smoking; and topical absorption; and
- B. Contains a total THC concentration greater than:
 - 1. 0.3 percent by dry weight for any intermediate or finished plant product or material, or for any product intended for consumption by inhalation or smoking.
 - 2. For all other products, more than 0.5 milligrams per serving or individual product unit, or more than two milligrams per retail package.

Kratom means any parts of the plant *Mitragyna speciosa*, whether growing or not, and any compound, manufacture, salt, derivative, mixture, or preparation of that plant, including but not limited to mitragynine and 7-hydroxymitragynine.

Tianeptine means the chemical 7-((3-chloro-6-methyl-5,5-dioxido-6, 11-dihydrodibenzo [c,f][1,2]thiazepin-11-yl)amino) heptanoic acid, and any compound, manufacture, salt, derivative, mixture, or preparation thereof.

Tetrahydrocannabinol or THC means any naturally occurring or synthetic tetrahydrocannabinol, including its salts, isomers, and salts of isomers whenever the existence of such salts, isomers, and salts of isomers is possible within the specific chemical designation and any preparation, mixture, or substance containing, or mixed or infused with, any detectable amount of tetrahydrocannabinol or tetrahydrocannabinolic acid, including, but not limited to, delta-8-tetrahydrocannabinol, delta-9-tetrahydrocannabinol, delta-10-tetrahydrocannabinol, tetrahydrocannabinolic acid, tetrahydrocannabipheryl, or hexahydrocannabinol, however derived. As used in this definition, "isomer" means the optical, position, and geometric isomers.

9.98.020 - Prohibited acts.

It shall be unlawful for any business or person to offer for sale or sell at retail any product containing kratom, any product containing tianeptine, or any hemp derived THC product within the city. Any product advertised or labeled as containing kratom, tianeptine, or any form of THC is presumed to be a product prohibited by this section unless, in the case of a hemp derived THC product, it bears a manufacturer's label that lists a concentration of all forms of THC not exceeding the regulations of this section.

9.98.030 - Exceptions.

The prohibitions of this section do not apply to:

- (1) Any product approved by the United States Food and Drug Administration for sale for any therapeutic purpose where such product is marketed and sold solely for such an approved purpose.
- (2) Any product regulated by the Compassionate Use of Medical Cannabis Program Act (410 ILCS 130/1 et seq.) or the Cannabis Regulation and Tax Act (410 ILCS 705/1 et seq.), and any product sold by a dispensing organization licensed pursuant to either Act.
- (3) Retail sales fulfilled through delivery that are either (i) delivered to a premises outside of the city, or (ii) made by a business with no physical location within the city.

9.98.040. Penalty.

In addition to any other penalty provided by law, the penalty for a violation of this section shall be a fine of not less than \$25 nor exceeding \$750 for each such offense. A business may be held strictly liable for violations committed by their employees, regardless of actual or constructive knowledge. Each day that a violation continues shall constitute a separate and distinct offense.

9.98.050. Suspension or revocation of license.

In addition to any other penalty provided by law, a business license may be suspended or revoked, each time the licensee, including the licensee's employees or agents, is found in violation of this section.

SECTION 3: HEADINGS/CAPTIONS. That the headings of the articles, sections, paragraphs and subparagraphs of this Ordinance are inserted solely for the convenience of reference and form no substantive part of this Ordinance, nor should they be used in any interpretation or construction of any substantive provision of this Ordinance.

SECTION 4: PUBLICATION. That this ordinance shall be published in accordance with all applicable state and local laws. Copies of this ordinance shall be made available to the public upon request at the City Clerk's office.

SECTION 5: SEVERABILITY. If any section, paragraph or provision of this ordinance shall be held to be invalid or unenforceable for any reason, the invalidity or unenforceability of

such section, paragraph or provision shall not affect any of the remaining provisions of this ordinance.

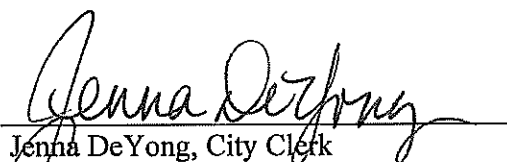
SECTION 6: CONFLICT. Any ordinances, resolutions, and parts of ordinances and resolutions in conflict with this ordinance are hereby repealed.

SECTION 7: EFFECTIVE DATE. That this Ordinance shall be in effect immediately upon its passage, approval and publication as provided by law.

PASSED this 19th day of August, 2025 and pursuant to a roll call vote as follows:

AYES:	<u>10</u>
NAYES:	<u>0</u>
ABSENT:	<u>0</u>
ABSTENTION:	<u>0</u>

APPROVED: 
Mike Parkinson, Mayor
City of Granite City, Illinois

ATTEST: 
Jenna DeYong, City Clerk
City of Granite City, Illinois

Resolution/Ordinance 2025-ORD-036

Motion by Smith

Seconded by LeMaster

PASSED by a majority vote of the elected Corporate Authorities of the City of Granite City, Illinois, now holding office this 19th day of August, 2025, pursuant to the following roll call vote:

ALDERPERSON

	<u>AYE</u>	<u>NAY</u>	<u>ABSTAIN</u>	<u>ABSENT</u>
Dan McDowell	<u>✓</u>	<u> </u>	<u> </u>	<u> </u>
Bob Pickerell	<u>✓</u>	<u> </u>	<u> </u>	<u> </u>
Mary Davis	<u>✓</u>	<u> </u>	<u> </u>	<u> </u>
Jason Smith	<u>✓</u>	<u> </u>	<u> </u>	<u> </u>
Jerry Harrington	<u>✓</u>	<u> </u>	<u> </u>	<u> </u>
Randy LeMaster	<u>✓</u>	<u> </u>	<u> </u>	<u> </u>
Jim Hawkins	<u>✓</u>	<u> </u>	<u> </u>	<u> </u>
Kim Pierson	<u>✓</u>	<u> </u>	<u> </u>	<u> </u>
Greg Garcia Sr.	<u>✓</u>	<u> </u>	<u> </u>	<u> </u>
Keith Burton	<u>✓</u>	<u> </u>	<u> </u>	<u> </u>

APPROVED by the Mayor of the City of Granite City, Madison County, Illinois, this 19th day of August, 2025.



Mayor Parkinson

Attest:


Jenna DeYong, City Clerk



Kratom: Unsafe and ineffective

Users swear by kratom for lifting mood and boosting energy, but there are many safety issues and questions about whether kratom works.

If you read health news or visit vitamin stores, you may have heard about kratom. Kratom is a supplement that is sold as an energy booster, mood lifter, pain reliever and remedy for the symptoms of quitting opioids, called withdrawal. But the truth about kratom is not so simple. And there are safety problems linked to its use.

Kratom is an herbal extract that comes from the leaves of an evergreen tree called *Mitragyna speciosa*. The tree grows in Southeast Asia. Kratom users can chew the tree's leaves, swallow or brew dry kratom, or add the extract to a liquid.

People who use kratom report that at low doses, kratom acts as an upper, called a stimulant. That means it makes them more alert and gives them more energy. At higher doses, people who use it report that it reduces pain and makes them feel calm and less anxious, also called a sedative.

Some people take kratom to ease the symptoms of quitting opioids, called withdrawal. Kratom may be easier to get than prescription medicines. But it carries its own risk of addiction.

People who use kratom to relax or to be more social most likely think that kratom is natural and safe because it comes from a plant. But the amount of the active part in kratom leaves can vary greatly. So it's hard to know the effects of a given dose.

Some studies have found that some kratom sellers add more of the active ingredient than kratom naturally has. And because kratom products lack clear labels, it's not possible to know how much kratom people who use it take.

Kratom starts to work in minutes. The effects last a few hours. The more kratom you take, the stronger the effects are.

Depending on the amount of active ingredient in the product and the health of the user, taking kratom can be harmful. There are too few studies to be able to rate the claims about the benefits of kratom.

People who take kratom believe that it helps them. But kratom hasn't been shown to be safe or to treat any medical conditions. The U.S. Food and Drug Administration (FDA) has warned people not to use kratom because of possible harm it can cause. The U.S. Drug Enforcement Administration calls kratom a drug of concern.

Poison control centers in the United States received more than 3,400 reports about use of kratom from 2014 through 2019. These included reports of death. Side effects reported included high blood pressure, confusion and seizures.

Kratom has known side effects, including:

- Weight loss.
- Dry mouth.
- Nausea and vomiting.
- Constipation.
- Liver damage.
- Muscle pain.
- High blood pressure.

Kratom also affects the mind and nervous system. It causes:

- Dizziness.
- Drowsiness.
- Smells, tastes, sights, touches or sounds that seem real but aren't, called hallucinations.
- False beliefs, called delusions.
- Depression.
- Trouble breathing.
- Confusion, tremors and seizures.

Kratom products have been linked to a small number of deaths. That's small compared with deaths from other drugs. Nearly all deaths from kratom also involved other drugs or substances that might have been harmful.

Many of the problems linked to pain medicines happen when people take them at high doses or for a long time. Experts don't know what level of kratom can cause those problems. People can overdose with kratom, but it's rare.

Researchers continue to study the effects of kratom. Studies so far have found that kratom has many safety issues.



Kratom has been reported to react with other medicines. This may lead to severe effects, such as liver damage and death. More research is needed.

In a study testing kratom as a treatment for symptoms of quitting opioids, called withdrawal, people who took kratom for more than six months reported withdrawal symptoms like those from opioid use. And people who use kratom may begin craving it. They may need treatments given for opioid addiction, such as buprenorphine (Brixadi, Sublocade, others) and buprenorphine-naloxone (Suboxone, Zubsolv).

Kratom also affects babies during pregnancy. When a pregnant person uses kratom, the baby may be born with symptoms of withdrawal and need treatment.

Kratom products have been found to have heavy metals, such as lead, and harmful germs, such as salmonella, in them. Salmonella poisoning can be fatal. The FDA has linked more than 35 deaths to salmonella-tainted kratom.

Kratom is not regulated in the United States. But federal agencies are taking action to fight false claims about kratom. In the meantime, your safest choice is to work with your healthcare professional to find other treatments.

Show References

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June 18, 2024

Original article: <https://www.mayoclinic.org/diseases-conditions/prescription-drug-abuse/in-depth/kratom/art-20402171>

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